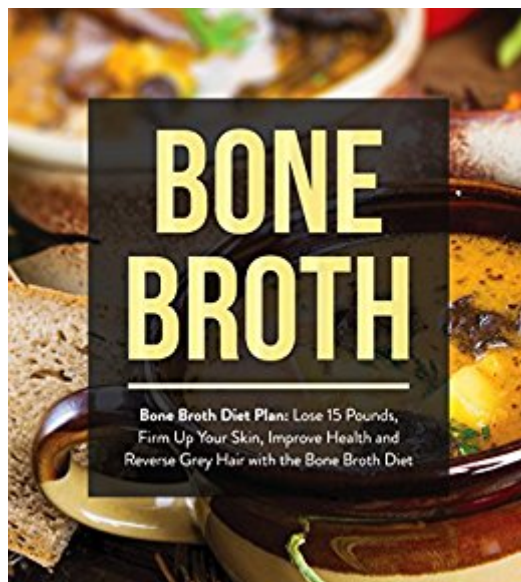


The book was found

Bone Broth : Bone Broth Diet Plan: Lose 15 Pounds, Firm Up Your Skin, Improve Health And Reverse Grey Hair With The Bone Broth Diet (Bone Broth, Bone Broth Diet, Bone Broth Recipes)



Synopsis

Your Are About to Discover the #1 Secret of Bone Broth Diet Cookbook To Lose Up 15 Pounds, Firm up Your Skin And Reverse Grey Hair!And Most Important, Learning Delicious Recipes That Will Guarantee Your Long Term Success.

When you look at a bone, what are the thoughts that crowd your mind? Probably dry! Licking it would leave an unpleasant texture on your tongue resembling that of sandpaper, and biting into it would, perhaps, give you a sore tooth. You begin to wonder what use can bones be to you and invariably, bones (licked clean of all the yummy, delicious flesh) is thrown into the waste paper basket in your home.

And then you stumble upon a magical elixir called bone broth! And the revelation slowly teaches you that bones are replete with amazing nutrients that have immensely huge benefits for you and your body. Bones dry and dead though they may seem, are treasure houses of nutrients that are simply waiting to be utilized by you. You need this book.

Here Is A Preview Of What You'll Learn

- Diet Plan for Weight Loss, Diet Instructions, and Other Important Tips
- Benefits and Advantages of Bone Broth
- Nutritive Value of Bone Broth and How They Benefit Us
- Bone Broth Recipes
- Much, much more!

Download your copy today!

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Customer Reviews

If you have any interest to know about Bone Broth and want to learn Bone Broth diet plan then you are on the right place and this book will be a perfect choice, as far I can honestly say. I found this awesome book last week and grabbed it as per my aunt's recommendation. Inside of it both author has described about how to lose our extra pounds from our bodies just following this diet plan perfectly. It taught me & showed me how to keep myself on the right track, how to follow this diet plan perfectly, what to do and what to avoid, and many more things. Throughout it I have come to know lots of nutritive value information about bone broth. Now I have understood about the benefits & advantages of bone broth. By the help of this book, I have learned some bone broth recipes as well, so overall this was a great & worth reading.

Contained necessary facts and information. Despite several grammatical errors, I came away with some new knowledge. Easy to read on Kindle format. Good recipes.

Good recepies.

Great information a soup maker be changing to a broth maker cannot wait to go purchase some bones and make some broth

It could use a plan of sorts along with all the information it gives, otherwise it is a great book.

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